

Did you know?

September is the International PCOS month

PCOS affects 1 in 5 young girls in India!

PCOS causes menstrual disorders, infertility, excessive facial hair, loss of scalp hair from the scalp pigmentation, mood changes, eating disorders, obesity, sleep disorders etc.

PCOS is a precursor for other serious conditions including Obesity, Type 2 Diabetes Mellitus, Cardiovascular Disease and Endometrial Cancer.

All these can be prevented if you act **NOW!!**

Date : 25th Sept 2021, Time : 3.00- 6.00 pm

Join us live on

[HTTPS://FACEBOOK.COM/EVENTS/S/CELEBRATING-INTERNATIONAL-PCOS/1994885237338378](https://facebook.com/events/s/celebrating-international-pcos/1994885237338378)

Conveners



Dr. Duru Shah
Founder President,
PCOS Society, India



Ms. Ruby Sound
Member of Managing Committee,
PCOS Society, India

3.00 to 3.05 pm

Welcome Note

Ms. Ruby Sound

THE
PCOS[®]
SOCIETY
INDIA

3.05 to 3.30 pm

Inauguration

Address by the President, The PCOS Society
Dr. Duru Shah

Address by the Guest of Honour:
Ms. Namita Thapar

Address by the the Chief Guest:
Ms. Indu Shahani

3.30 to 4.30 pm

All About PCOS - Panel Discussion with Experts

Dr. Duru Shah.....*Gynecologist*
Ms. Ruby Sound.....*Nutritionist*
Dr. Sapna Bangar.....*Psychiatrist*
Dr. Gulrez Tyebkhan.....*Dermatologist*
Dr. Shashank Joshi.....*Endocrinologist*
Dr. Sujata K. Shetty.....*Wellness Expert*
Dr. Tvisha Parikh.....*Sports Medicine Expert*
Moderator - Dr. Anita Soni

4.30 to 5.15 pm

Ask your doctor Session – Q&A Session

5.15 to 5.30 pm

My Experience with PCOS

Mrs. Riddhi Talreja (Film maker)

5.30 to 5.45 pm

Award Ceremony

For Best Slogan & Best Digital Video

5.45 to 6.00 pm

Closing Remarks & Vote of Thanks

Dr. Duru Shah & Ms. Ruby Sound

PCOS Society website link : <https://pcosindia.org/>

JOIN US ON:

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Last Date to Register: 20th September, 2021

Join us

 The PCOS Society - India

 <https://www.youtube.com/channel/UCCTXOOZmkEaAHFe861x6vaQ/featured>