



REPORT: PCOS-SURGICAL SOLUTIONS

Focused 2 day conference, Meril Academy, Daman

- A 2 day conference on “PCOS-Surgical Solutions” was organized by The PCOS Society (India) supported by Meril Endosurgery Pvt Ltd on Saturday 18th March & Sunday 19th March 2017 at Meril Academy, Daman, the Convener being Dr. Duru Shah.
- The topics were focused on the management of patients with PCOS. As there is a huge increase on the incidence of PCOS, the impact of PCOS on infertility, and the effects of fertility enhancing surgeries in PCOS, was discussed.
- The topics covered were fertility preserving surgeries in PCOS such as Ovarian drilling and Wedge resection, ectopic pregnancy, ovarian endometrioma, hydrosalpinx, adenomyosis and intramural fibroids
- Obesity is seen in 80% of PCOS patients, hence various problems associated with obesity were covered such as laproscopy v/s laprotomy in obesity, complications in obesity, trocar insertion during laproscopy & management of bowel perforation.
- Intrauterine problems are encountered very often in PCOS women. Hence, hysteroscopic management of intrauterine adhesion following repeated curettage, submucous fibroids & polyps for menorrhagia, etc. were discussed. Bariatric surgery v/s cosmetic surgery, laproscopic v/s open surgery and OCPs vs LNG in DUB – 3 debates were discussed.
- The entire program was well appreciated and the Maharashtra Medical Council has granted 2 MMC credit points + 1 extra for each faculty