

The PCOS Society, India

Invites you all to the

E3 Seminar

EVIDENCE, EXPERIENCE AND EXCELLENCE

on

“The Hypo, *not* Hyper, of PCOS”

Date: Sunday, 17th November, 2024

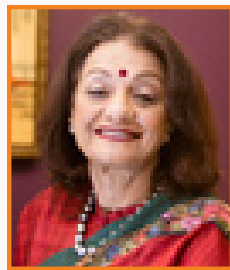
Venue: Welcomehotel By ITC Hotels, Ahmedabad

Dear Friends,

Welcome to the **E3 series of Seminars!** Each Seminar will focus on bringing together the Evidence, Experience and Excellence pertaining to the different phases of life in women with PCOS. It will bring to you the most recent developments in the diagnosis and management of PCOS, as we all face the challenge of the ever-increasing incidence of PCOS in our clinics.

Whether it is the diagnostic challenges, menstrual and cosmetic issues, disturbed hormonal or metabolic milieu, infertility, or recurrent pregnancy loss, high risk pregnancies, obesity, all will be discussed by a multi-disciplinary team of experts who will guide us towards clarity & consensus. The Seminar will serve as an important role of bringing in uniformity in our management of this important global health issue of PCOS!

Looking forward to seeing you in the city of Ahmedabad on 17th of November 2024.



Dr. Duru Shah
Founder President,
The PCOS Society, India
www.pcosindia.org



Dr. Kanthi Bansal
Convenor
Managing Committee Member
The PCOS Society, India
www.pcosindia.org

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E3 SEMINAR - EVIDENCE, EXPERIENCE AND EXCELLENCE

Time	Topic	Faculty
8:30 am onwards	Registration is free but compulsory	
9:00 AM - 9:45 AM	Prayer and Lighting of Lamp	
	Welcome Address	Dr. Kanthi Bansal
	Presidential Address	Dr. Duru Shah
9:45 AM - 11:00 AM	<p>Session 1 - Panel Discussion: Optimizing health in PCOS; addressing Vitamin and Mineral deficiencies</p> <p>Moderators: Dr. Kiran Desai - Gynaecologist Dr. Smita Shah - Nutritionist</p> <p>Panelists: Dr. Vivek Arya - Endocrinologist Dr. Shashikala Sahu - Gynaecologist Ms. Rashmi Shah - Nutritionist Dr. Rajkumar Khubchandani - Gynaecologist Dr. Khyati Mehtalia - Psychologist/counsellor Ms. Nupur Mehta - Physiotherapist Dr. Neha Chawla - Nutritionist</p>	
11:00 AM - 11:30 AM	Tea/Coffee	
11:30 AM - 12:30 PM	<p>Session 2 - Managing Hormonal Imbalances in PCOS: Effective Strategies & Treatment</p> <p>Chairpersons: Dr. Duru Shah - Fertility Expert Dr. Kanthi Bansal - Fertility Expert Dr. Dilip Gadhavi - Gynaecologist</p>	
11:30 AM - 11:45 AM	Incretin	Dr. Vivek Arya - Endocrinologist
11:45 AM - 12:00 PM	Vitamin D3	Dr. Phagun Shah - Gynaecologist
12:00 PM - 12:15 PM	Thyroid	Dr. Maulik Kinariwala - Endocrinologist
12:15 PM - 12:30 PM	Discussion	
12:30 PM - 1:45 PM	<p>Session 3: Fertility management</p> <p>Chairpersons: Dr. Mahesh Gupta - High Risk Pregnancy Expert Dr. Nisarg Dhariya - Fertility Expert Dr. Rakesh Patel - Fertility Expert</p>	
12:30 PM - 12:50 PM	Resistant PCOS	Dr. Kanthi Bansal - Fertility Expert
12:50 PM - 1:10 PM	Poor Ovarian Responders during ART	Dr. Manish Pandya - Fertility Expert
1:10 PM - 1:30 PM	Impaired Endometrial Receptivity in PCOS	Dr. Duru Shah - Fertility Expert
1:30 PM - 1:45 PM	Discussion	
1:45 PM - 2:45 PM	Lunch	

2:45 PM - 4:00 PM	<p>Session 4: Panel Discussion - Exploring the Interplay in PCOS between Sleep, Memory, Bone and Muscle Loss and Weight Loss & and Physical Health.</p> <p>Moderators: Dr. Binal Shah - Gynaecologist Dr. Maulik Kinariwala - Endocrinologist</p> <p>Panelists: Dr. Somesh Choudhary - Gynaecologist Dr. Manoj Pandya - High Risk Pregnancy Expert Dr. Jwal Banker - Fertility Expert Dr. Shahwat Jani - Gynaecologist Dr. Riddhi Shukla - Cosmetic Gynaecology Surgeon Dr. Hasmukh Agarwal - Fertility Expert Dr. Aalap Shah - Physiotherapist</p>	
4:00 PM - 4:30 PM	Tea/Coffee Break	
4:30 PM - 5:30 PM	<p>Session 5: Acanthosis Nigricans (AN): Uncovering its Clinical Significance, Implications and Recommendations by the PCOS Society India</p> <p>Chairpersons: Dr. Nita Thakre - Uro Gynaecologist Dr. Lata Trivedi - Gynaecologist Dr. Nita Mishra - Cosmetic Gynaecology Surgeon</p>	
4:30 PM - 4:45 PM	How do we look for AN & Why does it occur?	Dr. Bansri Mahadevia Dermatologist
4:45 PM - 5:00 PM	What are the recommendations for AN by the PCOS Society, India	Dr. Usha Bohra Gynaecologist
5:00 PM - 5:15 PM	How do we manage AN?	Dr. Geeta Patel Dermatologist
5:15 PM - 5:30 PM	Discussion	
5:30 PM - 6:00 PM	Valedictory Session followed by Tea/Coffee	
	<p>Masters of Ceremony: Dr. Monika Patel - Fetal Medicine Expert Dr. Ushma Patel - Fertility Expert Dr. Rushabh Agarwal - Fertility Expert</p>	

REGISTRATION IS MANDATORY, NO REGISTRATION FEE

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