



———— in association with ————

Department of Endocrinology

KEM Hospital, Mumbai

Date: Sunday, 21st October, 2018

Venue : Ramada, Powai



PREFACE

PCOS occurs in one in every 10 Indian women of reproductive age group. Changing lifestyles and rising obesity in India have contributed to the rise in the incidence of PCOS. Efficient management of PCOS provides a prospective window of opportunity to avoid the risk of associated morbidities.

Managing PCOS in an adolescent or a young woman is dedicated to managing her symptoms. Often 70% of patients with PCOS goes misdiagnosed or undiagnosed. In order to create awareness and highlight the various aspects of this very much common disorder, **PCOS Society (India)** has collaborated with the **Endocrinology Department of KEM Hospital** to conduct scientific programme on the endocrine aspects of PCOS.

Your active participation in this regard is highly appreciated to achieve our objective which will benefit the society in a long way.





—• An Interactive Session on Endocrine Aspects of PCOS •—

TIME	DURATION	TOPIC	SPEAKER
10:00 am - 10:10am	10 mins	Welcome Note	Dr Duru Shah
		Session I	Chairpersons: Dr Ganpat Sawant, Dr Kinjal Shah
10:10 am - 10: 35 am	25 mins	Diagnosis & Investigations of PCOS	Dr Anita Soni
10:35 am - 11:00 am	25 mins	PCOS and Insulin Resistance: Rationale for Metformin Treatment	Dr Anurag Lila
11:00 am - 11:20 am	20 mins	Discussion	
11:20 am - 11:40 am	20 mins	Tea/Coffee Break	
		Session II	Chairpersons: Dr Alaka Godbole, Dr Tejal Poddar
11:40 am - 12:05 pm	25 mins	PCOS and Infertility	Dr Duru Shah
12:05 pm - 12:30 pm	25 mins	PCOS and Hyperandrogenism: Case-based Approach in Ruling Out Secondary Causes	Dr Nalini Shah
12:30 pm - 12:50 pm	20 mins	Discussion	
12:50 pm - 01:50 pm	60 mins	Session III: Panel Discussion: Endocrine Perspective of PCOS: Obesity, Hypothyroidism, Hyperprolactenemia and Primary Amenorrhea	Moderator: Dr Madhuri Patil Panelist: Dr Nalini Shah Dr Anurag Lila Dr Tushar Bandgar Dr Swati Jadhav Dr Aditi Dani Dr P Ramakrishnan
01:50 pm - 02:00 pm	10 mins	Closing remarks followed by Lunch	Dr Nalini Shah

*Application for MMC Credit Points done and supported



Dr Duru Shah

Founder President, The PCOS Society (India)
Director, Gynaecworld, the Center for
Women's Health & Fertility



Dr Nalani Shah

Endocrinologist,
Mumbai

We are delighted to invite you as a delegate in this scientific fest



We are sure that your opinions will stimulate interest &
interactive discussion.

Looking forward to meet you.

For any further clarification or assistance for this program write us at beatpcos@usv.in

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