

FIRST INTERNATIONAL MIDDLE EAST PCOS UPDATE MEETING

Date- 5th May 2017

Venue- Indigo Optima, International City, Dubai

Event report-

The PCOS Society held its first Conference at an international venue in collaboration with the AE-PCOS Society. The Program was held in Dubai on 5th May, 2017

Organized by AE-PCOS International Society and PCOS India

AE-PCOS
ANDROGEN EXCESS & PCOS SOCIETY

THE PCOS SOCIETY

First International Middle East PCOS Update Meeting



EVENT TOPICS

- Understanding PCOS clinical presentation
 - ↳ Lean & obese PCOS: differences in clinical presentation & treatment strategy
 - ↳ Mild and severe phenotypes of PCOS: impact on fertility and metabolic risk
- Pathogenesis of PCOS: How basic alterations translate in clinical presentation?
- Diagnosis of PCOS
 - ↳ Diagnosis of PCOS in adolescence
 - ↳ Advances in diagnosis of PCOS: are the Rotterdam criteria still valid!
- Success versus risks of IVF in PCOS
- Treatment of PCOS
 - ↳ Clomiphene, metformin or aromatase inhibitors?
 - ↳ Minimizing risk for multiple pregnancy after treatment of infertility in PCOS
 - ↳ How to reduce miscarriage in women with PCOS?
 - ↳ Diagnosing and treating gestational diabetes in PCOS
- Treatment of menstrual disorders and hirsutism In young PCOS women not wishing to get pregnant
- Treatment of metabolic and cardiovascular risk in young and late reproductive aged PCOS women
- Laparoscopic ovarian drilling is it still indicated for PCOS!! What are the alternatives?!

May 5, 2017
Dubai, UAE

CME
Credit Hours Offered

EVENT FACULTY

 Prof. Anuja Dokras Prof of OB/GYN at University of Pennsylvania	 Prof. Enrico Carmina Prof of Endocrinology Director & CEO (AEPCOS)	 Prof. Daru Shah Director Endocrinology Executive President PCOS Society India	 Prof. Lilo Mettler University of Schleswig Holstein Kiel, Germany	 Prof. Pratap Kumar Head of Vajinal Assisted Reproductive Center	 Dr. Uday Theraswala Consultant Obstetrician / Gynecologist
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REGISTRATION

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EVENT FEES

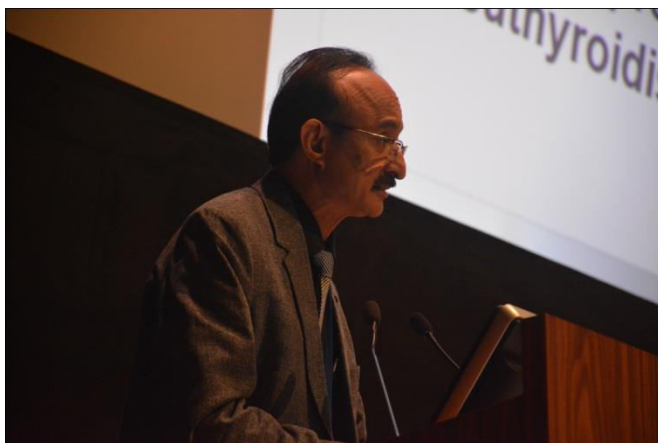
Rs. 18,800 (USD 275)
For group registration for 25 or more- Rs. 13,700 (USD 200)
(not including boarding, lodging, airfare and visa)
Non-refundable fee for cancellation within 30 days of the course.
10% administrative charges will be deducted for earlier refund)

The one day conference was held at Indigo Optima, Dubai in a beautiful conference hall with the best of facilities. Approximately 150 delegates attended from the Middle East region, mainly from Dubai and 11 delegates participated from India. The program was as follows-

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Dubai – U.A.E		
		
AGENDA TOPICS		
Registration and Attendance		08:30 am – 09:00 am
Session I	Lecturer	Timing
Keynote Address	Prof Enrico Carmina	09:00 am – 09:30 am
Pathogenesis of PCOS: how basic alterations translate in clinical presentation?		
Session II – Diagnosis of PCOS	Lecturer	Timing
Rotterdam criteria still valid?	Prof Anuja Dokras	09:30 am – 09:50 am
Is AMH a new marker for PCOS?	Prof Duru Shah	09:50 am – 10:10 am
New ultrasound techniques in diagnosis of PCOS	Dr. Musarrat Hasan	10:10 am – 10:30 am
Diagnosis of Gestational Diabetes	Dr. Uday Thanawala	10:30 am – 10:50 am
Discussion		10:50 am – 11:10 am
Tea/Coffee Break		11:10 am - 11:30 am
Session III- Understanding PCOS clinical presentation	Lecturer	Timing
Lean and obese PCOS – Impact on metabolic risk	Dr. Roberto Vita	11:30 am – 12:00 pm
Discussion		12:00 pm – 12:15 pm
Session IV	Lecturer	Timing
Keynote Address	Prof Anuja Dokras	12:15 pm – 12:45 pm
Success versus risks of IVF in PCOS		
Discussion		12:45 pm – 1:00 pm
Lunch break		1:00 pm – 2:00 pm

The conference was very well appreciated by the delegates and the PCOS society received invitations to hold more such programs.

Below are a few photographs of the Conference.









We thank AE-PCOS Society and AECS, the organizers of the Dubai Conference for all their efforts.