INVI TATION

INTERNATIONAL WEBINAR

The PCOS Society

Digital Connect

Insulin Resistance in PCOS

Date: 13th May 2017
Time: 06.00 to 9.00 pm

Venue:
Hotel Sofitel BKC,
Bandra (E), Mumbai.
Dear Friends

Polycystic ovary syndrome (PCOS) is one of the most frequent problems encountered by gynecologists in contemporary clinical practice. The overall prevalence of PCOS is increasing alarmingly, not only in metros but also in the rural areas of India.

On behalf of the Indian PCOS Society, it is a great pleasure to invite you to attend and participate in an exciting webinar under our series “The Digital Connect” on the subject “Insulin Resistance in PCOS”

The Digital Connect provides a unique forum where medical professionals have the opportunity to meet and exchange ideas and information about the management of PCOS. The scientific programme is a perfect balance between clinical interactive education and the latest developments in this area.

The PCOS Society is certain that “The Digital Connect” will connect many of us globally on the same platform.

We look forward to your presence in this Webinar.
Sincere regards

Duru Shah
Founder President
The PCOS Society, India

This Session of the Digital Connect has been supported through an unrestricted educational grant by USV.
## Agenda

**International Webinar**

**Date:** 13th May 2017, 6.00 pm TO 9.00 pm

**Insulin Resistance In PCOS**

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<th>Time</th>
<th>Topic</th>
<th>Speaker</th>
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<td>06.00 pm</td>
<td>Welcome &amp; opening address</td>
<td>Prof. DURU SHAH, President, The PCOS Society, India.</td>
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<tr>
<td>06.10 pm</td>
<td>Pathophysiology of Insulin resistance in PCOS</td>
<td>Prof. LOUISE HULL, Asso. Professor, The University of Adelaide</td>
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<td>06.30 pm</td>
<td>Live chat with the experts.</td>
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### AREAS FOR DISCUSSION -

- **How do you diagnose Insulin Resistance?**
  - Laboratory – which test? why? which is the best test?  
  - Clinical – signs and symptoms
- **Management of Insulin Resistance**
  - Lifestyle changes
    - Exercise
    - Healthy diet
  - Medications
    - Insulin sensitizers
      - Metformin,
      - Myo-Inositol,
      - D-Chiro-inositol
  - Appetite suppressants
  - Bariatric surgery

**Moderator : Prof. Duru Shah**

**Experts :**
- Prof. Louise Hull (Gynecologist)
- Dr. Girish Parmar (Endocrinologist)
- Dr. Madhuri Patil (Gynecologist)
- Dr. Rekha Seth (Dermatologist)

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<th>Webinar Cities</th>
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<tr>
<td>Lucknow</td>
<td>Dr. Chandrawati</td>
<td>Chennai</td>
<td>Dr. Shanthy Gunasingh</td>
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<td>Delhi</td>
<td>Dr. Shakuntla Kumar</td>
<td>Ernakulam</td>
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<td>Chandigarh</td>
<td>Dr. Seema Sharma</td>
<td>Pune</td>
<td>Dr. Sanjay Gupte</td>
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<td>Gopalpur (Berhampur)</td>
<td>Prof Bharati Mishra</td>
<td>Bangalore</td>
<td>Dr. Arul Mozhi Ramarajan</td>
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<td>Patna</td>
<td>Dr. Kalpana Singh</td>
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<td>Dr. Krishna Kumari</td>
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<td>Guwahati</td>
<td>Dr. Ratna Kanta Talukdar</td>
<td>Aurangabad</td>
<td>Dr. Shubhangi Palwade</td>
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<td>Kolkata</td>
<td>Prof. Partha Mukherjee</td>
<td>Ahmedabad</td>
<td>Dr. Chirag Amin</td>
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(Dinner will be served after the Webinar)
Experts

**Prof. Louise Hull** (Australia)
B Sc, MB, ChB, FRANZCOG, PhD, CREI, Senior Lecturer Endometriosis Research Group

**Current Appointments**
- Senior Lecturer - Discipline of Obstetrics and Gynaecology, School of Paediatrics and Reproductive Health.
- Fertility Consultant and Medical Advisory Board Member - Fertility SA.
- Research Program Leader, Endometriosis Research Group.
- Member of the Research Committee, Research Centre for Reproductive Health, a constituent research centre of the Robinson Institute.

**Prof. Duru Shah**
MD, FRCOG, FCPS, FICS, FICOG, FICMCH, DGO, DFP

- Founder President of the PCOS Society (India)
- President, Indian Society of Assisted Reproduction (ISAR)
- Former President of the Federation of Obstetrics & Gynaecology Societies of India (FOGSI)
- Former Chairman of the Indian College of Obstetrics & Gynecology (ICOG)
- Director, Gynaecoworld – the Center for Women’s Health and Fertility, Mumbai, India
- Honorary Fellow of the Royal College of Obstetrician and Gynecologists (RCOG)

**Dr. Girish Parmar**
Consultant – Endocrinology
DNB (Endo), DNB (Internal Med), MBBS

**Fellowships**
- Diabetic Foot (Podiatry) from Manchester Royal Infirmary, the UK

**Expertise**
- Dynamic Endocrinology testing for Growth disorders
- Adrenal disorders and Pituitary disorders

**Dr. Madhuri Patil**
MD, DFP, DGO, FCPS, FICOG (Mumbai)

- Clinical Director, Dr. Patil’s Fertility and Endoscopy Clinic, Bangalore
- Editor-in-Chief, Journal of Human Reproductive Sciences
- Founder President, Karnataka Chapter of Indian Society for Assisted Reproduction
- Founder Member, Fertility Preservation Society (India)
- Founder Member & Scientific Coordinator, PCOS Society (India)

**Dr Rekha Sheth**
Cosmetic Dermatologist MD, DWO

- Founder: Cosmetic Dermatology Society (India) - CDSI
- Nominating Committee: International Society of Dermatology (ISD)
- Vice President: PCOS Society Mumbai, INDIA